

## *ERGONOMIC GUIDELINE*

Ergonomic guideline published 4/5/2002

Goal is to reduce ergonomic injuries

- e.g. repetitive stress injuries & musculoskeletal injuries

Enforceable under OSHA's "general duty" clause

### *Complying with Ergonomics*

Identify what the potential problems are

Develop "task specific" safety policies for:

- Preventing musculoskeletal & repetitive stress injuries
  - Preventing back injuries
  - Computer safety

### *Provide Ergonomic Training*

Training should include

- Review of policies
- How to recognize the symptoms
- How to report an injury

### *Ergonomic - Hot topic*

Controversy

- Since most ergonomic injuries take days, weeks or months for symptoms to appear – it can be difficult to relate an ergonomic injury to the job